



**Order Ahead or Take Out!**

1202 Tuckahoe Road  
Milmay, NJ 08340

**(609) 616-5366**

**[www.sidelineseast.com](http://www.sidelineseast.com)**

**\*TAX IS ALREADY INCLUDED IN THE PRICE OF ALL ITEMS**

## STARTING LINEUP

◆ = 1/2 price apps served Monday through Friday 3pm-5pm

**Loaded Nachos Built For Two!!** ..... **11.75**

**Single Order** ..... **6.50**

Tri-colored nachos loaded with Monterey Jack cheese sauce, shredded cheddar cheese, lettuce, tomatoes and jalapeños with sour cream and salsa on the side

**Add: Shrimp - 3.50 • Beef - 2.50 • Chicken - 2.50  
Steak - 3.50 • Chili - 2.50 • Crab - 4.50**

◆ **Quesadilla** ..... **7.75**

Loaded with cheddar cheese, bacon and tomatoes

**Add: Shrimp - 3.50 • Steak - 3.50 • Chicken - 2.50**

**Crab Quesadilla** ..... **11.75**

Our popular quesadilla loaded with cheddar cheese, jumbo lump crab meat, jalapeños, corn and garlic roasted red peppers

**Sesame Tuna** ..... **11.50**

Thinly sliced Ahi Tuna, pan seared rare, topped with sesame seeds and served with wasabi mayo and soy sauce for dipping

**Clams Italiano (12)** ..... **10.75**

Steamed clams in our garlic white wine sauce served with garlic bread

**Firecracker Shrimp** ..... **10.75**

Lightly breaded shrimp tossed in our sweet, spicy firecracker sauce, topped with banana peppers and a side of chipotle ranch

**Fried Shrimp and Fries (5)** ..... **10.75**

Lightly breaded jumbo shrimp served with cocktail sauce and seasoned fries  
Tossed in buffalo sauce **add 1.00**

◆ **Chicken Tenders and Fries (5)** ..... **10.50**

Served with seasoned fries and choice of hot, mild or BBQ sauces

Tossed in buffalo sauce **add 1.00**

**Buffalo Chicken Dip** ..... **9.75**

Creamy buffalo dip with shredded chicken and buffalo sauce, topped with blue cheese crumbles and scallions, and served with tortilla chips

**Bruschetta** ..... **9.75**

Toasted garlic bread topped with fresh mozzarella, zesty diced tomatoes, shredded Parmesan and aged balsamic glaze

**Appetizer Sampler (No substitutions)** .... **11.75**

Boneless wings, onion petals, mozzarella sticks, mini quesadillas and fried pickles

**Cheesesteak Bites (6)** ..... **8.75**

Fried pizza dough bites stuffed with shredded steak and cheese, served with marinara sauce

◆ **Mozzarella Sticks (5)** ..... **7.75**

Served with marinara sauce

**Fried Pickles** ..... **6.75**

Crispy fried pickles served with dill ranch dressing

◆ **Loaded Fries** ..... **7.75**

Seasoned fries loaded with Monterey Jack, shredded cheddar, bacon and sour cream

◆ **Blue Fries** ..... **7.75**

Seasoned fries loaded with blue cheese and garlic roasted red peppers

◆ **Basket of Fries** ..... **6.75**

Seasoned fries served with Monterey Jack cheese sauce

◆ **Basket of Chips** ..... **5.75**

Homemade seasoned chips served with dill ranch dressing

◆ **Chips and Queso** ..... **6.75**

Tri-colored nachos served with spicy queso and salsa

## SIGNATURE WINGS

Our wings are lightly dusted with house seasoning. Add one of our many sauces either tossed or on the side. Served with homemade blue cheese or ranch dressing, carrots and celery.

**10 Wings - 10.75 • 20 Wings - 20.50**

**50 Wings - 50.00**

**Add Sauce - 0.25 • Extra Blue Cheese - 0.50**

**BONELESS WINGS - 9.25**

Lightly breaded chicken breast, tossed in your choice of wing sauce. Served with seasoned fries, carrots, celery and our homemade blue cheese dressing.

### WING SAUCES

🌿 Dry Rub • 🌿 BBQ Sauce • 🌿 Garlic Parmesan • 🌿 Asian Glaze

🌿 Hot Sauce • 🌿 Sweet Chili Sauce • 🌿 Chipotle Ranch

🌿 House Sauce • 🌿 Mango Habanero • 🌿 Hot & Honey

## FLATBREADS

**Chicken Bistro** ..... **10.75**

Grilled chicken, imported provolone, baby spinach, chopped bacon, caramelized onion and roasted garlic parmesan

**Caprese** ..... **10.50**

House marinara sauce, fresh mozzarella and chopped basil

**BBQ Chicken** ..... **10.75**

BBQ chicken, Monterey Jack cheese, red onion and cilantro

**Meatlovers Flatbread** ..... **11.50**

House marinara sauce, provolone cheese, salami, capicola, prosciutto and parmesan cheese

## SOUPS AND SIDES

**Soup of the Day** ..... **Price Varies**

**Homemade Chili - Cup 3.75 • Bowl 4.75**

Select one of these sides to replace chips with your meal.

**Seasoned Fries** ..... **2.75**

**Blue Fries** ..... **4.00**

**Loaded Fries** ..... **4.00**

**Onion Petals** ..... **3.00**

**Tortilla Chips & Salsa** ..... **3.75**

**Mac and Cheese** ..... **3.75**

**Broccoli Sautéed in Garlic** ..... **3.00**

**Grilled Asparagus** ..... **3.00**

**House Salad** ..... **2.75**

**Caesar Salad** ..... **2.75**

**Wedge Salad** ..... **4.00**

Join our VIP Club Today! Text "EAST" to 91944



Password: **sidelines**

\*Consuming raw or undercooked foods may increase your risk of food borne illnesses.

Prices and menu items subject to change without notice. All To-Go entrées add an additional 0.25 for bagging and cutlery.

# BURGERS

Our Angus beef burgers are char-broiled to temperature and served on a toasted fresh brioche roll with a side of homemade chips and pickles.

Add lettuce, tomato or onions at no additional charge.

Substitute chicken breast at no additional charge.

Substitute VBites Burger for \$2.00.

**American Burger** ..... **9.75**

Add any cheese

**Bacon Jalapeño Burger** 🌶️ ..... **10.75**

Loaded with bacon, jalapeños and American cheese

**BIG Rodeo Burger** ..... **10.75**

Topped with cheddar cheese, bacon, BBQ sauce and onion petals

**Breakfast Burger** ..... **10.75**

Topped with one fried egg, three slices of bacon and American cheese

**Bruschetta Burger** ..... **10.75**

Topped with fresh mozzarella, bruschetta tomatoes and balsamic glaze

**Black and Blue Burger** 🌶️ ..... **10.75**

Cajun seasoned burger topped with melted blue cheese crumbles

**Crunchy Burger** ..... **10.75**

Topped with American cheese and onion petals

**Add Cheese - 0.50 • Add Bacon - 1.00**  
(American • Cheddar • Fresh Mozzarella • Provolone)

# TACOS

All tacos are served with tortilla chips and a side of salsa.

**St. Angus Tacos** ..... **13.75**

Three soft tacos stuffed with black Angus beef, marinated red onions, lettuce, bruschetta tomatoes and shaved sharp provolone

**Firecracker Shrimp Tacos** 🌶️ ..... **13.75**

Three firecracker shrimp soft tacos topped with lettuce, tomato, cheddar cheese and drizzled with chipotle ranch dressing

**Thai Chili Sesame Chicken Tacos** ..... **12.75**

Three soft tacos stuffed with Thai chili tossed diced chicken, lettuce, tomato and sesame seeds

**Fish Tacos** ..... **13.75**

Three fried Cajun cod soft tacos topped with lettuce, tomato, cheddar cheese and drizzled with chipotle ranch dressing

**BBQ Pork Tacos** ..... **12.75**

Three soft pulled pork tacos topped with Asian slaw, tomatoes and drizzled with cilantro lime aioli

# WRAPS

All wraps are served with homemade chips.

**Steak Wrap** ..... **12.75**

Tender sliced medallions of Sidelines signature steak with shredded lettuce, roasted red peppers, roasted garlic, diced tomatoes and red onions

**BBQ Pork Wrap** ..... **11.75**

Pulled pork, Asian slaw, tomatoes and drizzled with cilantro lime aioli

**Cheese Steak Wrap** ..... **9.75**

Shredded rib-eye and American cheese

**Chicken Cheese Steak Wrap** ..... **9.75**

Grilled chicken breast and American cheese

**Chicken Ranchero Wrap** ..... **10.75**

Grilled chicken, bacon, cheddar cheese, lettuce, tomato and ranch dressing

**Buffalo Chicken Tender Wrap** 🌶️ ..... **10.75**

Breaded chicken tenders tossed in mild sauce, mixed greens and our homemade blue cheese dressing

**Chicken Caesar Wrap** ..... **9.75**

Romaine lettuce, grilled chicken, Parmesan cheese and Caesar dressing

# ENTRÉES

All entrées served with a choice of cup of soup or side salad

**Sidelines Signature Steak** ..... **17.75**

Char-grilled marinated steak served with grilled asparagus, roasted red bliss potatoes and a cabernet demi glaze

**Seafood Trio** ..... **15.75**

Jumbo shrimp (3), jumbo lump crab meat (2 oz.) and clams (5), simmered in our house marinara or Italiano sauces served over al dente pasta

**Linguine with Crab Meat** ..... **13.75**

A generous portion of jumbo lump crab meat served on a bed of linguine with choice of marinara or Italiano sauce

**General Tso's Chicken** 🌶️ ..... **13.75**

Tender chunks of marinated chicken and broccoli florets simmered in a homemade Asian glaze over basmati rice and sprinkled with sesame seeds

**Chicken Bruschetta** ..... **12.75**

Marinated char-grilled chicken breast topped with sweet, zesty bruschetta tomatoes, fresh mozzarella and drizzled with balsamic glaze. Served with wilted spinach and roasted red bliss potatoes

**Buffalo Mac and Cheese** 🌶️ ..... **10.75**

Our homemade mac and cheese mixed with fried buffalo chicken and topped with blue cheese crumbles

# SIGNATURE SANDWICHES

All sandwiches are served with homemade chips.

**Ahi Tuna Steak BLT** ..... **14.75**

Grilled ahi tuna cooked to temperature with lettuce, tomato, bacon and onions served on a fresh pub roll with wasabi mayo

**The Big Jake** ..... **13.75**

Medallions of Sidelines signature steak topped with roasted red peppers, sliced red onions and shaved sharp provolone

**Bistro Chicken Sandwich** ..... **11.50**

Grilled chicken breast topped with provolone cheese, bacon, fresh baby spinach, caramelized onions and roasted garlic mayo

**Italian Hoagie** ..... **11.75**

Imported Italian capicola, salami, prosciutto, provolone cheese, roasted peppers, lettuce, tomato, red onion, oil and vinegar on a fresh baked roll

**BBQ Pork Sandwich** ..... **11.75**

Pork, Asian slaw and red onions drizzled with cilantro lime aioli

**Cheese Steak** ..... **9.75** **Extra Meat 11.75**

Shredded rib-eye topped with American cheese

**Whiskey BBQ Cheese Steak** ... **10.75** **Extra Meat 12.75**

Shredded rib-eye topped with house sauce, battered onion petals and American cheese

**T-Rex Cheese Steak** ..... **10.75** **Extra Meat 12.75**

Shredded rib-eye topped with roasted red peppers and American cheese

**Chicken Cheese Steak** ..... **9.75** **Extra Meat 11.75**

Diced grilled chicken and American cheese

**Pesto Chicken Cheese Steak** ..... **11.75**

Diced grilled chicken, garlic roasted red peppers, asparagus, provolone cheese and pesto mayo

**Chicken Club** ..... **10.75**

Grilled chicken breast topped with crispy bacon, sliced tomato, lettuce and American cheese, three tiered on toasted white or wheat bread

**Big Buffalo Chicken Sub** ..... **10.75**

Panko seasoned chicken breast tossed in our house buffalo sauce then topped with our homemade blue cheese dressing and blue cheese crumbles on a long sub roll

**Ultimate Chicken Parm Sub** ..... **10.75**

Panko crusted chicken breast topped with house marinara, imported provolone and parmesan cheese on a long roll

**BIG Beef and Cheddar** ..... **10.50**

Shredded rib-eye topped with cheddar cheese and onion petals with choice of creamy horseradish or house BBQ sauce

**French Dip** ..... **10.50**

Shredded rib-eye topped with provolone cheese and served with a side of au jus

**BLT** ..... **6.75**

Crispy bacon, lettuce, sliced tomato and mayo served on choice of white or wheat toast or a toasted fresh pub roll

# SALADS

**Steak Salad** ..... **14.75**

Marinated steak medallions with mixed greens, sliced red onions, blue cheese crumbles, mandarin orange slices, raisins and house vinaigrette

**Harvest Salad** ..... **12.75**

Mix of baby spinach and iceberg lettuce topped with grilled chicken, raisins, walnuts, green apples, blue cheese crumbles and house vinaigrette

**Firecracker Shrimp Salad** 🌶️ ..... **13.75**

Mixed greens topped with carrots, cucumbers, tomatoes, firecracker shrimp and your choice of dressing

**Buffalo Chicken Salad** ..... **12.75**

Mixed greens topped with buffalo chicken (fried or grilled), tomatoes, cucumbers, blue cheese crumbles and blue cheese dressing

**Fiesta Chicken Salad** ..... **12.75**

Mixed greens topped with cajun grilled chicken, cheddar cheese, tomatoes, corn, black beans, tortilla chips and your choice of dressing

**Caesar Salad** ..... **7.75**

Mixed greens with parmesan cheese, croûtons and caesar dressing

**Garden Salad** ..... **7.75**

Mixed greens topped with carrots, cucumbers, tomatoes and your choice of dressing

**Add To Any Salad: Shrimp - 4.00 • Chicken - 3.00**

## DRESSINGS

Ranch • Blue Cheese • Creamy Italian • Chipotle Ranch • House Vinaigrette  
Honey Mustard • Balsamic Vinaigrette • Thousand Island • Oil and Vinegar

# KIDS MEALS

**Tenders and Fries** ..... **6.75**

3 chicken tenders with a side of fries and honey mustard or BBQ sauce

**Boneless Wings and Fries** ..... **6.75**

5 boneless wings with a side of fries and honey mustard or BBQ sauce

**Grilled Cheese and Chips** ..... **6.50**

American cheese on white or wheat bread with a side of homemade chips

**Mac and Cheese** ..... **4.75**

Our homemade five cheese creamy mac and cheese

**Sliders and Fries** ..... **6.75**

3 mini burgers with American cheese and a side of fries